

# TAURUS®

## Operating Instructions



Art. No. TB-BS180

FSTBBS180.01.01

## GENERAL SAFETY INSTRUCTIONS

### Personal Safety

#### ⚠ DANGER

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective.
- + Note that excessive training can seriously endanger your health. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

#### ⚠ WARNING

- + This equipment may not be used by children under 14 years.
- + Children should not be allowed unsupervised access to the equipment
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.

#### ⚠ CAUTION

- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

#### ▶ ATTENTION

- + Do not insert any objects of any kind into the openings of the device.

### Set-Up Place

#### ⚠ WARNING

- + Do not place the equipment in main corridors or escape routes.
- + To prevent fire, do not place the device near or in areas with high heat (e.g. near a heater).

#### ⚠ CAUTION

- + Choose the set-up place so that there is sufficient space around the product.

#### ▶ ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.

### Intended Use

The equipment may only be used for its intended purpose.

The equipment is suitable for home use and semi-professional use (e.g. hospitals, clubs, hotels, schools, etc.). The equipment is not suitable for commercial or professional use (e.g. fitness studio).

### Technical data

Article weight (gross, incl. packaging):	45.64 kg
Article weight (net, without packaging):	45.42kg
Packaging dimensions (L x W x H):	180 cm x 36 cm x 36 cm
Height:	180 cm
Diameter:	35 cm
Use class:	S

# Taurus 180 Punching Bag

## Assembly

### ► ATTENTION

- + Do not wear jewellery like rings or accessory on your shoes while using the training equipment.
- + Wear boxing gloves during training to protect hands from injuries.

Fourfold chain with suspension included in the scope of delivery

### ► ATTENTION

The supplied assembly material for ceiling mounting is not suitable for every ceiling. Pay attention to the condition of your ceiling to determine which assembly material is suitable for your ceiling.

The contractual partner accepts no liability for any damage to the ceiling.

Make sure that there are no cables or wires running in the ceiling where you attach the training equipment.

### ⓘ NOTICE

The supplied assembly material is not suitable for every ceiling, so you may need to get assembly material that is suitable for your ceiling.

1. Assemble the training equipment on the ceiling.



## Warranty Information

Training equipment from TAURUS® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

### Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Please refer to the website of your TAURUS® device for the exact warranty conditions.

## Care, Maintenance and Storage

### ⚠ WARNING

The storage location should be chosen so that improper use by third parties or children is prevented.

1. Clean the device with a dry soft cloth.
2. Store the device in the supplied carton in a dry environment.

## Disposal

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via a recycling centre. Further information can be obtained from your local authority's recycling service.

## Contact

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