

TAURUS®

Operating Instructions



Art. No.
TF-MGRIP-A
TF-MGRIP-C
TF-MGRIP-D
TF-MGRIP-E

FSTMGRIP.01.03

GENERAL SAFETY INSTRUCTIONS

Personal Safety

⚠ DANGER

- + Before you start using the equipment, you should consult your physician if this type of exercise is suitable for you from a health perspective. Particularly affected are:
 - + People with a pacemaker or other medical devices that may cause electromagnetic interference.
 - + People with cardiovascular diseases.
 - + Pregnant women, people who are ill or people in poor physical condition.
 - + People suffering from osteoporosis, a vertebral fracture or other acute illnesses.
 - + People with an irregular curvature of the spine.
 - + People suffering from a perceptual disorder due to a peripheral circulatory disorder (e.g. diabetes).
- + Note that excessive training can seriously endanger your health. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

⚠ WARNING

- + This equipment may not be used by children under 14 years.
- + Children should not be allowed unsupervised access to the equipment
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.

⚠ CAUTION

- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

▶ ATTENTION

- + Do not insert any objects of any kind into the openings of the device.

Set-Up Place

⚠ WARNING

- + Do not place the equipment in main corridors or escape routes.
- + To prevent fire, do not place the device near or in areas with high heat (e.g. near a heater).

⚠ CAUTION

- + Choose the set-up place so that there is sufficient space around the product.

▶ ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.

Technical data

MGRIP-A

Article weight (gross, incl. packaging): 2.94 kg

Packaging dimensions (L x W x H): 28 cm x 20 cm x 20 cm

MGRIP-C

Article weight (gross, incl. packaging): 3.76 kg

Packaging dimensions (L x W x H): 58 cm x 20 cm x 20 cm

MGRIP-D

Article weight (gross, incl. packaging): 3.78 kg

Packaging dimensions (L x W x H): 63 cm x 20 cm x 20 cm

MGRIP-E

Article weight (gross, incl. packaging): 4.02 kg

Packaging dimensions (L x W x H): 103 cm x 78 cm x 42 cm

Assembly

These handles can be used variably with a variety of multi gyms, cages including a lat pull-down station and other strength equipment.

⚠ WARNING

- + Never attach several handles to one snap hook at the same time. Failure to do so may result in serious personal injury.
- + Only use the snap hooks included with your strength equipment to mount the handles. Failure to do so may result in serious personal injury.

⚠ CAUTION

- + Make sure that the snap hook is firmly attached to the handle, otherwise personal injury and/or damage to property may result.

Mega Grips

Handle Variants

The individual handles offer you the possibility to grip them in different ways. Depending on the type of grip, the muscles are used in different ways and thus offer a variable workout.



Warranty Information

Training equipment from TAURUS® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Please refer to the website of your TAURUS® device for the exact warranty conditions.

Care, Maintenance and Storage

⚠ WARNING

The storage location should be chosen so that improper use by third parties or children is prevented.

1. Clean the device with a dry soft cloth.
2. Store the device in the supplied carton in a dry environment.

Disposal

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via a recycling centre. Further information can be obtained from your local authority's recycling service.

Contact

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