



# TAURUS WELLNESS

## Operating Instructions



Art. No. TW-BACK

FSTWBACK.01.01

## 1 GENERAL SAFETY INSTRUCTIONS

### 1.1 Personal Safety

#### ⚠ DANGER

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are:
  - + People with a pacemaker or other medical devices that may cause electromagnetic interference.
  - + People with cardiovascular diseases.
  - + Pregnant women, people who are ill or people in poor physical condition.
  - + People who are advised against massage due to pre-existing conditions (e.g. vascular disease or dermatitis).
  - + People suffering from osteoporosis, a vertebral fracture or other acute illnesses.
  - + People with an irregular curvature of the spine.
  - + People suffering from a perceptual disorder due to a peripheral circulatory disorder (e.g. diabetes).

#### ⚠ WARNING

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + People with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time
- + Do not use the device with a blanket or pillow. Overheating of the device and resulting electric shocks may result in fire and/or personal injury.
- + Do not use the product in rooms where aerosol sprays or oxygen are administered.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + Do not use the product on swollen and/or inflamed body parts or on irritated skin areas.
- + Do not use the product on painful areas of the body where the cause of the pain is unclear.
- + If you experience any unusual discomfort during use, turn the device off and do not use it any further. Contact your physician.
- + Use a light massage programme the first time you use the product. Avoid massage sessions longer than 15 minutes and do not massage any part of the body for more than 5 minutes at a time. Excessive massage may cause over-stimulation of muscles and nerves and may result in injury.

#### ⚠ CAUTION

- + Only use the product in a relaxed position. Do not apply punctual pressure to any part of the body when the rollers are in motion.
- + This device is not a medical device. This device should never replace medical treatment.

#### ▶ ATTENTION

- + Do not insert any objects of any kind into the openings of the device.
- + Do not place any heavy objects on the device.

### 1.2 Electrical Safety

#### ⚠ DANGER

- + To reduce the risk of an electric shock, always unplug the equipment from the mains socket before assembly or dismantling, and before maintenance or cleaning. Do not pull on the cable.
- + To reduce the risk of an electric shock, do not use the device if you have previously been in contact with water and/or are in a humid environment.

#### ⚠ WARNING

- + Do not leave the equipment unattended while the mains cable is plugged into the mains socket. During your absence, the mains cable must be removed from the mains socket to prevent improper use by third parties or children.
- + If the mains cable or plug is damaged or defective, contact your contract partner. Until repair, the equipment must not be used.

#### ▶ ATTENTION

- + The equipment requires a mains connection of 220-230 V with 50 Hz mains voltage.
- + The equipment may only be connected directly to an earthed socket using the supplied mains cable. Extension cables must conform to VDE guidelines. Always completely unwind the mains cable.
- + The socket must be protected by a fuse with a minimum fuse rating of „16 A, slow blow“.
- + Do not make any changes to the mains cable or the mains plug.
- + Keep the mains cable away from water, heat, oil and sharp edges. Do not route the mains cable underneath the equipment or under a carpet or rug, and do not place any objects on top of it.
- + Do not unplug the mains cable until the product is turned off.

### 1.3 Set-Up Place

#### ⚠ WARNING

- + Do not place the equipment in main corridors or escape routes.
- + To prevent fire, do not place the device near or in areas with high heat (e.g. near a heater).

#### ⚠ CAUTION

- + Choose the set-up place so that there is sufficient space around the product. Please note that the product requires sufficient space to the rear when in the reclined position.

#### ▶ ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools
- + To avoid fading or faster wear of the cover, do not place the product in places with direct sunlight and/or high heat.

# Back Massager

## 2 TECHNICAL DATA

|  |                         |
|--|-------------------------|
| Rated voltage:                           | DC 12V 2.5A             |
| Rated power:                             | 30 W                    |
| Rated frequency:                         | 50/60Hz                 |
| Massage duration:                        | 15 minutes              |
| Article weight (incl. packaging):        | 3.9 kg                  |
| Article weight (net, without packaging): | 3.3 kg                  |
| Packaging dimensions (LxWxH) approx.:    | 62 cm x 13 cm x 40.5 cm |
| Product dimensions (LxWxH) approx.:      | 61 cm x 12 cm x 40 cm   |



## 3 OPERATING INSTRUCTIONS

1. Connect the power adapter to the massager and connect the other end of the adapter to a power outlet.
2. Place the cushion on a chair or seat.
3. To turn on the device and begin the massage, press the On/Off button.
4. To turn on the heat function, press the Heat button.
5. To switch the massage direction, press the Direction button.
6. To end the massage before the pre-set 15 minutes have elapsed and turn off the device, press the On/Off button again.

### NOTICE

The device will automatically turn off after 15 minutes.

## 4 CARE, MAINTENANCE AND STORAGE

### WARNING

The storage location should be chosen so that improper use by third parties or children can be prevented.

1. Clean the device with a dry soft cloth.
2. Store the device in the supplied carton in a dry environment.

## 5 WARRANTY INFORMATION

Training equipment from TAURUS® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

### Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Please refer to the website of your TAURUS® device for the exact warranty conditions.

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