



# TAURUS WELLNESS

## Operating Instructions



Art. No. TW-RMD

FSTWRMD.01.01

## GENERAL SAFETY INSTRUCTIONS

### Personal Safety

#### **⚠ DANGER**

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective.
- + Note that excessive training can seriously endanger your health. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

#### **⚠ WARNING**

- + This equipment may not be used by children under 14 years.
- + Children should not be allowed unsupervised access to the equipment
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.

#### **⚠ CAUTION**

- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

#### **▶ ATTENTION**

- + Do not insert any objects of any kind into the openings of the device.

### Electrical Safety

#### **⚠ DANGER**

- + To reduce the risk of an electric shock, always unplug the equipment from the mains socket before use, maintenance or cleaning. Do not pull on the cable.
- + To reduce the risk of an electric shock, do not use the device if you have previously been in contact with water and/or are in a humid environment.

#### **⚠ WARNING**

- + Do not leave the equipment unattended while the mains cable is plugged into the mains socket. During your absence, the mains cable must be removed from the mains socket to prevent improper use by third parties or children.
- + If the mains cable or plug is damaged or defective, contact your contract partner. Until repair, the equipment must not be used.

#### **▶ ATTENTION**

- + The equipment requires a mains connection of 220-230 V with 50 Hz mains voltage.
- + The equipment may only be connected directly to an earthed socket using the supplied mains cable. Extension cables must conform to VDE guidelines. Always completely unwind the mains cable.
- + The socket must be protected by a fuse with a minimum fuse rating of „16 A, slow blow“.
- + Do not make any changes to the mains cable or the mains plug.
- + Keep the mains cable away from water, heat, oil and sharp edges. Do not route the mains cable underneath the equipment or under a carpet or rug, and do not place any objects on top of it.
- + Do not unplug the mains cable until the product is turned off.

### Intended Use

The equipment may only be used for its intended purpose.

The equipment is only suitable for home use. The equipment is not suitable for semi-professional (e.g. hospitals, associations, hotels, schools, etc.) and commercial or professional use (e.g. fitness studios).

### Technical data

Article weight (gross, with packaging):	720 g
Article weight (net, without packaging):	460 g
Packaging dimensions in cm (L x W x H):	21.5 x 16 x 8.2
Article dimensions in cm (L x W x H):	16.9 x 14.5 x 7.1
Use class:	H
Power:	8W
Rotational Speed:	1100-2500 RPM
Charging time:	2 h
Battery Life:	3 h
Battery type:	Rechargeable lithium battery
Vibration levels:	6

### Scope of Delivery and Product Overview

No.	Name	Qty.
1	Massage Device	1
2	USB-C Charging Cable	1
3	Ring Head	1
4	Wave Head	1
5	Point Head	1
6	Sculpt Head	1
7	User Manual	1



USB-C Charging Cable



Ring Head

Wave Head



Point Head

Sculpt Head



# Rotational Massage Device

## Instructions

### Massage Heads

1. Choose a massage head.

### Installing the Massage Head

2. Place the massage head on the device (Fig. 1).
3. Press the massage head onto the device (Fig. 1).

#### ► ATTENTION

Make sure the massage head is on properly.

### Removing and Replacing the Massage Head

4. Gently pull the massage head off the device (Fig. 2).



Fig. 1



Fig. 2

### Usage

1. To switch on the device, long press the on/off button.
2. To adjust the intensity, short press the on/off button.

#### ► NOTICE

The device switches off after ten minutes.

3. To switch off the device, press and hold the on/off button.

### Charging

1. Charge the device once a low number appears on the display.

#### ⓘ NOTE

- + During charging the display flashes.
- + When fully charged, the number 99 appears on the display.

#### ► CAUTION

- + Only use a suitable USB C cable for charging.
- + Do not use the device while it charges.
- + Switch on the device every 1–3 months to avoid damage caused by inactivity.

## Warranty Information

Training equipment from Taurus Wellness® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

#### Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Please refer to the website of your Taurus Wellness® device for the exact warranty conditions.

## Care, Maintenance and Storage

#### ⚠ WARNING

The storage location should be chosen so that improper use by third parties or children is prevented.

1. Clean the device with a dry soft cloth.
2. Store the device in the supplied carton in a dry environment.

## Disposal

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via a recycling centre. Further information can be obtained from your local authority's recycling service.

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