

WARNING:

READ THIS OPERATING MANUAL CAREFULLY BEFORE USE AND FOLLOW ALL SAFETY INSTRUCTIONS. FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY. IN THIS CASE, THE MANUFACTURER AND DISTRIBUTOR WILL NOT BE HELD LIABLE FOR THE MISUSE OF THE PRODUCT.

1. SCOPE OF DELIVERY:

1x VLUV ball cover (not shown)

1x PVC inner ball (not shown)

1x Double action hand pump

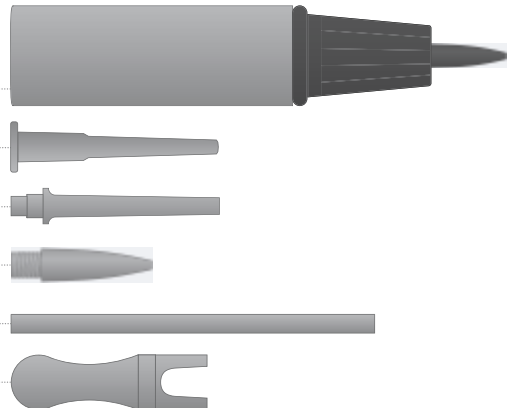
2x Plugs

1x Pump adaptor

1x Universal pump adaptor

1x Deflation tube

1x Plug remover (optional)



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2. SAFETY INSTRUCTIONS BEFORE USE

- Heavily pregnant women should take particular care when using the VLUV to prevent accidents caused by the ball's instability.
- The VLUV is a novel chair and a piece of recreational sports equipment. It is not a children's toy, piece of high-performance sports equipment nor a medical cure. Failure to follow these instructions may damage your health.
- The manufacturer and distributor shall not be liable for any accidents, personal injury or property damage caused by the misuse or improper use of the product.
- The VLUV is not a toy! Please keep away from children.
- Please keep pets away from the VLUV.
- Make sure there are no sharp objects or edges within a 1.5 m radius of the VLUV.
- When sitting on the ball, avoid sudden movements to the back or sides to prevent injury or losing your balance.
- People with physical or psychological impairments should refrain from using the ball.
- The elderly should make sure they have some assistance at hand when using the ball.
- The VLUV can hold up to 120 kg of weight. It is prohibited to use additional heavy weights that exceed the permitted total load.
- Make sure the room temperature remains constant. Otherwise wide fluctuations can lead to a sharp increase or decrease in air pressure. In this case, simply readjust the firmness.

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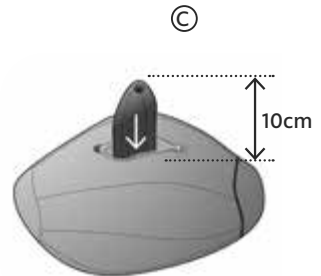
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3. PREPARATION AND INFLATION INSTRUCTIONS

3.1 Preparation

- (A) Lay the VLUV ball cover flat on a table, with the zip facing up. Open the zip.
- (B) Take the PVC inner ball that is folded flat and unfold it completely. Roll into a cylinder.
- (C) Carefully insert the side of the PVC inner ball WITHOUT THE AIR HOLE first into the VLUV ball cover until roughly 10 cm is protruding and the air hole is visible.



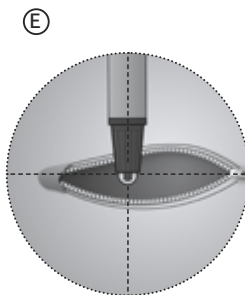
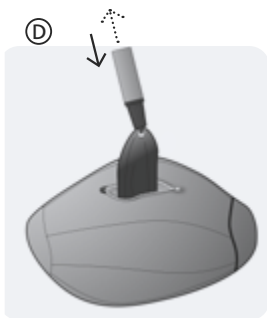
3.2 Inflation process

Inflate the VLUV at room temperature only. Inflating a cold ball can increase the air pressure inside it later on when the room temperature is warmer. Let the VLUV sit at room temperature for about 2 hours.

Warning: Do not use an air compressor to inflate the ball as it significantly increases the risk of over inflating or bursting the ball. We assume no responsibility for over-inflated VLUVs.

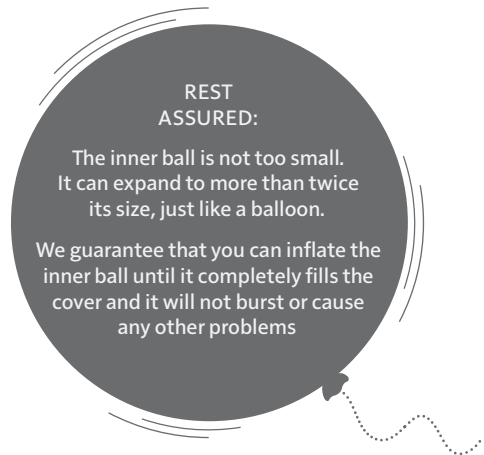
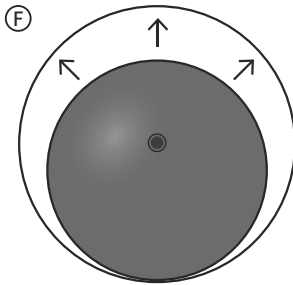
- Ⓓ Insert the pointed end of the supplied hand pump into the air hole until it is securely in place. Push the hand pump up and down steadily, making sure you keep it as centred as possible during the process.
- Ⓔ Keep the air hole as central as possible between the two sides of the zip. Inflate the VLUV to about 2/3 of its size, then continue to push and move the PVC inner ball in the VLUV ball cover so that it can unfold and adjust itself properly.

IMPORTANT: Adjust the PVC inner ball by pushing and pulling the VLUV ball cover with the air hole in the middle of the two sides of the zip. If possible, position the air hole closer to the side Ⓔ where the zip will be closed later on.



Keep checking that the air hole is in the middle

- Ⓔ Once you have inflated the PVC inner ball to about 80-90% in the VLUV fabric ball cover, you can let go of the PVC inner ball. Then close the zip as far as you can.



3.3 The right firmness

Due to production reasons, the PVC inner ball has a smaller diameter than the fabric cover Ⓕ. During the inflation process, you may get the impression that the inner ball is fully inflated and round without completely filling the cover.

The ball has the right firmness when there are only slight creases in a few places. Allow the VLUV to sit for 2-3 hours with a closed air hole and then check whether the creases are still there. If they are, try to smooth them out by hand. If that doesn't work, increase the air pressure slightly until they disappear.



WARNING: over inflating the ball will invalidate the guarantee!

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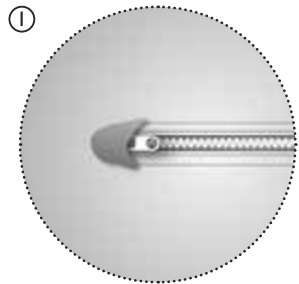
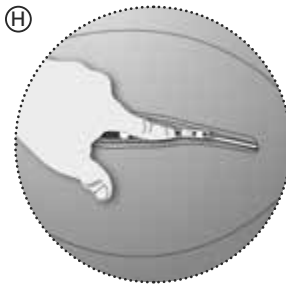
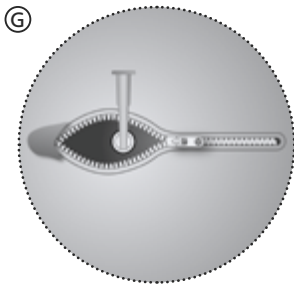
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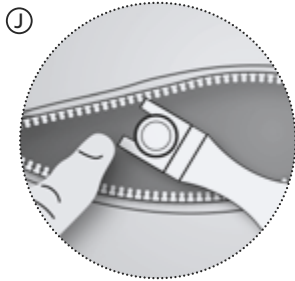
3.4 How to close the VLUV

- Ⓒ Remove the pump and insert the plug into the air hole as quickly as possible with the pointed side first.
- Press the plug firmly into the hole until flush with the ball's surface.
- Ⓗ When closing the zip, push the PVC inner ball under the zip slider to make it easier to close.
- Ⓘ Then push the zip slider under the protective cover so it cannot scratch the floor.
(VLUVVELT: tuck the slider under the felt sides)



3.5 How to open the VLUV

DO NOT use a sharp instrument to remove the plug. Use the (optional) plug remover, if supplied. You can also use a screwdriver or the round tip of a teaspoon. Place it under the lip of the plug **J** and move it up and down gently until you can pull it out.



WARNING: air pressure can suddenly push the plug out of the air hole. You can prevent this by placing a finger on it.

3.6 Using the supplied pump adaptors

If your own pump does not have a suitable pump adaptor, you can simply use one of the pump adaptors we supplied with the ball. Check which pump head your pump has. If you have a pump for Schrader/vehicle valves, then you can use the universal pump adaptor **1**. If you have a bicycle pump for Sclaverand/Presta valves, then use the pump adaptor **2**.



1 Universal pump adaptor for Schrader/vehicle valves



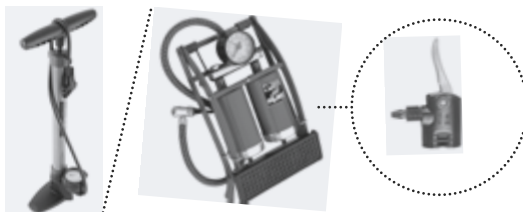
2 Pump adaptor for Sclaverand/Presta valve pumps

3.7 Using other pumps

Other pumps can also easily inflate the VLUV. We recommend using the following pumps. You can also use an appropriate tapered pump adaptor if your pump has one. If not, then you can use one of the pump adaptors we supplied with your ball.



Dinghy pump with the appropriate pump adaptor



Bicycle or vehicle pump

4. SAFETY INSTRUCTIONS FOR USE

Use the VLUV on a non-slip surface. Always put a non-slip underlay under the VLUV if your flooring has a smooth surface such as stone, tiles, parquet or laminate.

- Please avoid sharp-edged surfaces such as slate, unpolished natural stone or untreated floorboards.
- Keep the VLUV away from direct sunlight.
- Suitable for indoor use. Not to be used outdoors.
- Do not use the ball if it is damaged in any way and contact our Service Team at: info@vluv.de.

- The VLUV has a distinctive top and bottom. The handle must always be pointed upwards when in use and the ball must stand on the lower floor ring. Always take care when sitting down or standing up and make sure your feet are in a stable position.



Make sure your back is straight and not tilting backwards when you sit down on the VLUV to prevent any accidents caused by losing your balance and slipping off.

You can hold the handle between your legs for added safety and to make the VLUV more stable.



5. QUALITY

The materials used for the VLUV cover are robust and hard-wearing. Used properly, you will be able to enjoy your VLUV for a very long time. But you should still pay attention to the following points:

- Pigment abrasion may occur with dark and rich colours. Be very careful with light carpets. Check regularly for abrasion. We assume no responsibility for colour abrasion.
- Normal pilling is unavoidable over time.
- Please avoid exposing the ball to UV radiation for longer periods of time.

6. CLEANING AND CARE

Do not use harsh cleaners. Try to remove the dirt using gentle cleaning methods at first. We recommend the following steps:

VLUV®	100% POLYESTER	VEEL · VELT
Dust, fluff, etc.	Simply remove surface dirt with a lint brush or vacuum cleaner sofa brush.	Simply remove surface dirt with a lint brush or vacuum cleaner sofa brush.
Light soiling	Use a damp cloth to wipe off surface dirt.	Use a damp cloth to wipe off surface dirt.
Medium soiling	Deflate about half of the air in the VLUV. Then wash the area under cold water. Subsequently, let the VLUV dry for about 24 hours and then re-inflate.	Deflate about half of the air in the ball. Then wash the area under cold water. Subsequently, let the ball dry for about 24 hours.
Heavy soiling	For heavy, ingrained soiling, fully deflate the inner ball, remove the inner ball and handwash the VLUV fabric ball cover at 30 °C using mild soapy water and then hang up to dry.	For heavy, ingrained soiling, fully deflate the inner ball, remove the inner ball and have the cover dry-cleaned.

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